Hagan Newsletter June/2019





09.10.19 41° 0' 44" N 75° 6' 39" W

How to Register for the Reunion

To learn the where, when, costs, just click on the link below. It will take you to the Hagan website and give you all the details. The Shawnee Inn fills up quickly, so don't wait too long to book your room. Let us know when you do, so we can add you to the list of those attending.

Click here to get to the Hagan registration page

Click here to see a draft list of reunion agenda and activities

Final Hagan Play Day Agenda Extending the Reunion

By Anne Dando Oldfield

While the reunion will officially end at 10:30 am on Thursday, September 12, we are offering everyone the option of extending your time by participating in a Hagan Play Day from 11:30 am to 3:30/4:00 pm on Thursday, September 12. Anne Dando Oldfield has arranged a wonderful adventure for us. She has booked private vans that will take us to the following places:

First, we'll head off to the beautiful **BLUE RIDGE WINERY**, where we will enjoy our box lunches, provided by the Village & Farm Bakery, overlooking a beautiful scenic valley of the breathtaking vineyards. We'll also delight in a festive wine tasting experience and tour. Non-alcoholic beverages will be available. Depending on the weather, interested campers may have the opportunity to spend 45 minutes harvesting grapes at Blue Ridge Winery. https://www.blueridgeestatewinery.com/



Blue Ridge Winery Deck where we will have lunch

The Box Lunches from the Village Farmer and Bakery (http://www.villagefarmerbakery.com) include a choice of 1) ham and cheese or 2) turkey and cheese signatures sandwich on freshly baked homemade bread with cranberry mayo sauce, apple, bottled beverage and freshly baked cookies. 3) A veggie sandwich of provolone, tomato and lettuce with balsamic dressing on freshly baked homemade bread is also available. There will be a case of bottled water on the van for us as well.

Next, our van will take us to the incredible grounds of the **COLUMCILLE MEGALITH PARK**, an outdoor sanctuary rooted in Celtic Spirituality and inspired by the Isle of Iona located off the coast of Scotland. http://www.columcille.org/



We expect to return to The Shawnee Inn around 3:30/4:00. Some folks may want to head home at that time; others may enjoy staying an additional night at the Shawnee Inn. For those staying, we will arrange dinner for our Hagan gang at the Gem and Keystone, a short walk from the Inn.

Hagan Play Day is an optional activity, and there is a separate charge of \$73/person WITHOUT wine tasting and \$80/person WITH wine tasting. This price includes the van transportation to

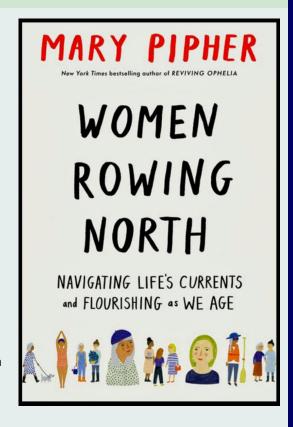
our two sites, a tip for the driver, vineyard tour, and our box lunches.

If you decide to join us for this Hagan Play Day, please make a check out to Anne Oldfield in the amount of either \$73 or \$80 and send to Anne Oldfield, 108 N Cherry Lane, Greentown PA 18426. Include with your payment whether you want 1) Ham and Cheese; 2) Turkey and Cheese; or 3) Veggie Sandwich. Your payment to Anne Oldfield must be received by August 15, 2019 to guarantee your spot.

Choosing Conscious Elderhood One Book, One Hagan

In the midst of the natural beauty of the Delaware River valley, let's envision together what it can be like to grow elder rather than just older. Whether or not you have read "Women Rowing North," there are universal questions that prompt us to address the elder third of our life, with its own dynamic of losses and gains. The key is to know the difference between simply becoming old -- and aging with intent, aging consciously.

Women growing older contend with ageism, misogyny, and loss. Yet as Mary Pipher shows, most older women are deeply happy and filled with gratitude for the gifts of life. Their struggles help them grow into the authentic, empathetic, and wise people they have always wanted to be. "If we can keep our wits about us, think clearly, and manage our emotions skillfully," Pipher writes, "we will experience a joyous time of our lives. If we have planned carefully and packed properly, if we have good maps and guides, the journey can be transcendent."



We have chosen some suggested book club questions for our Hagan discussion. You need not have read the book to be able to respond. If attending the reunion, there will be informal opportunities to discuss some of these questions. In July, we will be sending out a survey for everyone to be able to respond to at least one of these questions that speaks to them.

- 1. Dr. Pipher shares what she considers to be the core foundation for happiness, such as emotional resilience, positive attitudes, gratitude, and intentionality. Do you agree? What else would you add?
- 2. The author describes an experience where she finds a cholla cactus with branches dying even as new growth flourished and compares it to the experience of growing older. In looking at your own life, what new offshoots are flourishing?
- 3. Dr. Pipher quotes a seventy-year-old friend as saying, "I'm invisible now. I could take off all my clothes and walk through the courthouse, and I'm not sure anyone would notice." Do you feel this is true? In thinking back through your own life, who were the visible older women in your life, and what did they do to make themselves seen and heard?

- 4. The author tells her niece, "You can't navigate from there to here if you don't know where you are." She then ties that advice to knowing ourselves before we chart our course. How well do you feel that your know yourself now that you are older? Has that always been true?
- **5.** In early chapters, the author talks of crucible moments and of the transformations that can come from defining events. What crucible moments have defined your life, and how have they changed you?
- **6.** Chapter Nine discusses intentionality, especially intentionality in wealth, whether that be financial wealth or an abundance in other resources. One definition of wealth Dr. Pipher offers is "the number of people I am in loving relationships with." How do you define wealth?
- 7. On page 149, Dr. Pipher writes: "We can slowly train ourselves to think in stories that allow us to flourish. We hone our skills in perspective taking, emotional processing, and reframing. Stories of joy, kindness, and courage empower us in ways that the culturally stereotyped narrative never does." Think back to a difficult time in your life. What narrative did you craft in the moment? How did it affect how you reacted? And, in looking back, has that narrative changed over time?
- **8.** Dr. Pipher looks at the different kinds of happiness, from joy to contentment to excitement to deep-rooted meaningfulness. When evaluating your own happiness, which of these (or another kind you define) are you most focused on? Has your definition changed over your lifetime, and if so, what's changed it?
- **9.** Part of who we become is rooted in our experiences from childhood onward, in the people we have met, and in the choices we've made. Few of us have become who we set out to be. Think of who you were in a crucial time of life—as a young child, as an uncertain adolescent, as an independent young adult, or as a middle-aged woman. What would that version of you think of who you've become today? What would she like? Be surprised by? What are your proudest areas of growth?
- 10. Near the end of the book, the author's friend Sally exclaims, "Getting old is a freaking privilege!" Do you agree or disagree?

Fun-Raising Update



Good news from the Hagan Reunion Fund organizers! The six-figure checks have started to roll in (well...counting the decimal point), and we now have \$830 in hand, which puts us a little over half-way to our goal of \$1,500 to cover expenses for the upcoming reunion. A big thank you to those folks who have sent in their canteen

coupons...your gifts have made a big difference.

Let's see whether we can wrap this up by July 1st. With the help of about 17 more people willing to send in an average gift of 40 bucks, we'll easily surpass our goal.

Let's make the big campfire extra bright this year. Send your check in soon to Nancy Reeves (31 Franklin Street, Northampton, MA 01060). Thank you!

☐ Hagan hugs,
Nancy

Final Reunion Activities A Survey to "Sign Up for Activities" Will Be Sent in mid July

PAINT AND SIP

Tuesday, September 10 – 1:30 to 4:00

Led by Margie Bartleson Perry, with help from Becky Bown Thomas and Judi Hartman Brewer, you'll take home an 8 x 10 acrylic painting to be proud of -- or, at the very least, have fun working on! Margie will have sample paintings that she has done of the Delaware, and you can either use one of them to copy, or paint whatever you want! Margie will guide you through how to tackle your painting. Tables will be set up at the River Pavilion. We think you'll need about two hours. All the supplies that you will need to create your work of art will be available when you get here. Wear clothes that you don't mind getting paint on or bring along an apron or old tee shirt. You'll be working with acrylic paint on an 8 x 10 canvas panel. No experience necessary. Really! Margie was a Hagan Arts and Crafts counselor, an elementary school teacher, and now she's a working artist. There will be a \$10 Materials Fee. The sip part (wine and beer) is on the house!

Campers should bring cash, or a check made out to Margie Perry. Campers MUST sign up ahead of time, so that we are prepared with the right amount of supplies.

WATER AEROBICS - Complimentary

Wednesday, April 11 – 8:00 am to 9:00 am

Anne Dando Oldfield will lead this class in Shawnee's indoor pool. There is no cost for this activity, and you will have time to participate in the short canoe trip.

LONG CANOE TRIP - \$28/person

Wednesday, April 11 - 8:00 am to 1:00 pm

You will meet at the Shawnee Boat Rental Area at 8:00 AM and be transported to Bushkill Access. You will paddle to Shawnee passing Hagan, Mini and Miller. The trip covers 12 miles of the river and takes approximately 4-5 hours of paddle time. You will need to provide your own lunch. Cost is \$28/person which you pay at the Boat Rental that morning.

SHORT CANOE TRIP - \$26/person

Wednesday, April 11 – 10:00 am to 12:00 pm

You will meet at the Shawnee Boat Rental at 10:00 AM and and be transported to Smithfield Beach. You will paddle to Shawnee. It is approximately 3 miles and $1 \frac{1}{2}$ to 2 hours of paddle time. Cost is 26/person which you pay at the Boat Rental that morning.

ARCHERY – TWO DIFFERENT SESSIONS - Complimentary

Wednesday, April 11 - Session 1: 10:00 to noon; Session 2: 1:30 to 3:30

We have arranged for our group to have two private sessions of Archery on Wednesday morning and afternoon. For those not going on one of the canoe trips, there will be a morning archery session from 10:00 am to noon. An afternoon session from 1:30 to 3:30 will be available for those involved in

morning activities. Campers must sign up ahead of time. A Shawnee facilitator will provide a refresher on how to shoot, and then participants will take turns shooting 5 each at a time and receive helpful tips during the time frame. This activity is located in a secluded cove near the Gem and Keystone Restaurant (on the property of the Shawnee Inn). Folks will meet in the Shawnee Inn lobby and walk together to the archery venue (an easy walk).

GUIDED WATERFALLS TOUR - \$10/person

Wednesday, April 11 – 1:30 to 3:30

This two-hour waterfalls tour includes three of the most easily accessible waterfalls: Marshalls Falls, Resica Falls and Dingmans Falls. They all offer fairly flat walking surfaces/boardwalks. This activity level is easy going. The cost is \$10 and transportation is provided by the Shawnee Inn van, leaving from the hotel at 1:30 and arriving back at 3:30.

TRIP TO THE HAGAN ALTAR AND A POSSIBLE STOP AT THE BUSHKILL HISTORICAL SOCIETY

Wednesday, April 11 – 1:30 to 3:30

Car pool down River Road to Freeman Tract Road to the entrance of our beloved camp. Then it's a short walk back to the Hagan Altar. At the end of the Hagan visit, follow Mary Goldsmith Westhuis, our Point Person for this activity, to the Bushkill Historical Association to see the Hagan Model Cabin and listen to a brief history of the Turn Store. Remember driving along roller coaster road and pointing out where we used to buy penny candy?

MINI GOLF

Wednesday, April 11 - 10:00 am to 10:00 pm

Just up the road at 5255 Buttermilk Falls Road (570.421.1500) is the **Frontier Falls Mini Golf**, a challenging 36-hole mini golf course. Grab some friends and car pool to the site. It's open 10:00 am to 10:00 pm, weather permitting.

BUSHKILL HISTORICAL SOCIETY

Wednesday, April 11 - 1:30 to 3:30

Car pool to the Bushkill Historical Society (2879 Milford Road, Bushkill PA) to see the Hagan Model Cabin and listen to a brief history of the Turn Store. Remember driving along roller coaster road and pointing out where we used to buy penny candy?

RELAX BY THE RIVER SANCTUARY

Wednesday, April 11 – 1:30 to 3:30

The River Sanctuary is available to us all day Wednesday. Get lunch, bring a book and hang out. Grab a friend or a group of campers who want to sing; discuss the book, "Rowing North." Or, use the Proust Questionnaire to have some interesting discussions.

CAMP HAGAN PLAY DAY: EXTENDING THE REUNION

Thursday, September 12 – 11:30 to 3:30/4:00

The reunion officially ends at 10:30 am on Thursday, September 12. However, campers may extend their reunion time by participating in a Hagan Play Day. Private vans will take us to the **BLUE RIDGE WINERY**, where we will enjoy our box lunches overlooking a beautiful scenic valley of the breathtaking vineyards. We'll also delight in a festive wine tasting experience and tour. Non-alcoholic beverages will be available. Depending on the weather, interested campers may have the opportunity to spend 45 minutes harvesting grapes at Blue Ridge Winery. Next, our van will take us to the incredible grounds of the **COLUMCILLE MEGALITH PARK**, an outdoor sanctuary rooted in Celtic Spirituality and inspired by the Isle of Iona located off the coast of Scotland. We expect to return to The Shawnee Inn around 3:30/4:00. For those staying, we will arrange dinner for our Hagan gang at the Gem and Keystone, a short walk from the Inn. This is an optional activity, and

there is a separate charge of \$73/person WITHOUT wine tasting and \$80/person WITH wine tasting. This price includes the van transportation, a tip for the driver, vineyard tour, and our box lunches. If you decide to join us for this Hagan Play Day, please make a check out to Anne Oldfield in the amount of either \$73 or \$80 and send to Anne Oldfield, 108 N Cherry Lane, Greentown, PA 18426. Include with your payment whether you want 1) Ham and Cheese; 2) Turkey and Cheese; or 3) Veggie Sandwich. Your payment must be received prior to the reunion to guarantee your spot and no later than August 15, 2019.

SHAWNEECRAFT BREWERY

The ShawneeCraft Brewery, on the premises of the Shawnee Inn, offers complimentary 30-minute Brewery Tours on Wednesdays, Thursdays, and Fridays at 4:00 pm; Saturdays at 12:00 Noon and 5:00 pm; Sundays at 12:00 Noon. Meet in the main lobby of The Shawnee Inn. The Tap Room offers up to 10 handmade ShawneeCraft beers on draft, as well as cans and bottle aged beers, local wines, and ShawneeCraft merchandise for sale.

HIKING

The McDade Trail is a 31-mile hiking and biking trail along the Pennsylvania side of the Delaware River National Recreation Area. Trailheads with parking areas provide access to trail sections that vary in distance from .5 to 5 miles. It can be accessed from several parking areas. One is at Camp Mini, right along the curve. Another is before that on River Road at the Hialeah Picnic Area. We suggest that you hike with a buddy. The trails are well marked and relatively flat. For detailed information about trailhead locations and the history of the trail, please visit:

http://www.nps.gov/dewa/learn/historyculture/upload/cmsstgMRT1.pdf Another hiking option is on The Appalachian Trail. An easy access is from the Delaware Water Gap. From the Shawnee Inn, go left on River Road, left on 611, right on Mountain Road, left on Lake Road. You will see parking area and trail head. If you are looking for more strenuous hiking, you could go up to Bushkill Falls or Dingman's Falls. Both have entrance fees.

SHAWNEE INN FRONT DESK

Check in with the Front Desk to arrange for Tee Times, as well as information on other local attractions and activities.

Camper Memoir



Hikes to Bushkill, Then Hikes in the Swiss Alps Nancy Holbrook Sweeney (Hagan 1954-1964)

We all have experiences in our lives which we look back on with fond memories and which help

We took many hikes in the mountains—half day, whole day, and once every two weeks, we took the older campers on an overnight hike in the Alps. It wasn't a surprise to meet mountain goats along our way. I remember hiking up to a glacier and the children sliding down the snow and ice in 90- degree weather. I'm not sure where we stayed overnight but probably at a small farm or mountain chalet. A van brought our supplies and sleeping bags.

We traveled with our campers by train to many interesting places. For example, we went to St. Maurice where the oldest monastery in Europe is located. We went to Berne where we toured

to shape us into the person we have become. I had such an experience in the summers of 1965 and 1966. And it was Camp Hagan that prepared me for this.

I had the wonderful opportunity to be a counselor at the International Ranger Camps in Denmark (1965) and Switzerland (1966) for six weeks during the summer. These camps were founded by a German woman, Mrs. Ott, for American children living abroad and children from other countries who wanted to improve their English. The counselors came from many different countries, and the language we spoke was English.

I was 21 at the time, between my Junior and Senior years at Wilson College, when I traveled to Denmark to begin this new camping experience. The camp was a 45-minute train ride from Copenhagen. Girls and boys between the ages of 8 and 15 came each two-week period (about 60 campers). Two to three counselors were in charge of each age group—a ratio of 5 to 6 campers to one counselor.

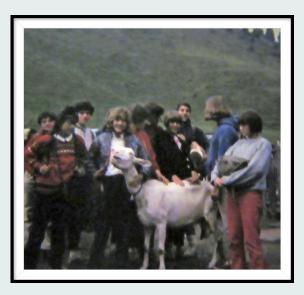


Day hike with campers in the Swiss Alps

It wasn't like a typical American camp. Although we did crafts and sports, had swim lessons in the pool, sang songs around a campfire, put on skits, etc., we had some unusual luxuries. We lived in one large building; I think it was a former hunting lodge. Each group had a large room with beds and a hall bathroom—almost like a college dorm. We had common areas where we ate together or gathered in the evening.

We took the campers on several special trips. My favorite was the overnight bicycle trip to a

the Parliament, wandered through gardens of a beautiful church and saw the bear pit.



Campers and mountain goat

And at night we saw movies (probably travel logs) of the countries from which the children came (USA, Canada, Denmark, Switzerland, England, etc.). Several counselors played guitars and there was a lot of singing. We had a Camp Olympics day which was fun.

In the evenings the counselors often had free time as well as one morning afternoon, and full day off each two-week period. I remember going into Copenhagen and Geneva on days off. In Switzerland, we often went up to the Chalet Provendau, a short hike above the camp, where we shared swiss fondue, wine and listened to music, danced or just talked. And there were always evenings when we could get a bridge game going.



That's me at St. Maurice with campers

Danish farm where we slept in the hayloft of the farmer's barn. We also took the campers to Tivoli Gardens in Copenhagen and walked through the forest to the North Sea for a day at the ocean.



Olympic Day Ceremony at Camp

The second summer I was at Camp Lake Geneva in Switzerland. It was held at a large ski lodge in the small village of Leysin, located in the Swiss Alps. To reach the camp you took a mountain tram from the town of Aigle. Many rooms had a balcony and the view was magnificent. One of my jobs was to take groups down the mountain to Aigle where they had horseback riding lessons. And later we often went to the town pool.

and a monastery in background

I am now in my mid 70s; then I was an adventuresome gal in my early 20s. Although all these years later, I don't remember the exact details of daily camp life, I do know how lucky I was to have had this experience.

When I left for Denmark in 1965, I was very nervous embarking on such an adventure all by myself. I was actually shy and wondered how I would relate to everyone. But I met wonderful people along the way and realized how similar we all are, even in an international community. I was awed by the beauty of nature and felt so small against God's magnificent creation. And I became more independent. After camp in Switzerland, I found someone to travel with and we went to Berlin, (saw the wall and had a tour into East Berlin) Amsterdam, and Paris—navigating it all by train and would you believe, staying in lodging for just two or three dollars a night!

I credit these two summers of my life as a valuable experience that I will never forget.

<u>Stay Connected -</u> <u>Visit the Camp Hagan Website</u>

Newsletter Co-Editors: Barb Dando and Sandy Dempsey Email us at HaganGathering@gmail.com